

# Keeping people safe

Health and safety toolkit

## Slips and trips



**Slips and trips are the most common causes of injury in churches. While most of these are minor, others can be quite severe and in some cases are disabling.**

Slip and trip hazards are not only present inside the church itself, but are common outside it too – in church halls, grounds and car parks. Frequently, these can be compounded by the difficulty the frail, elderly and disabled may have in negotiating access to and from the church.

Most slips occur in wet or contaminated conditions, frequently as a result of the weather or spillages. Commonly, trips are caused by worn paths, steps or floor coverings, and where electricity cables trail across the floor.

## Legal requirements

Specific duties relating to the prevention of slips and trips are detailed in the Workplace (Health, Safety and Welfare) Regulations. If you are an employer or have control of premises used as a workplace, you will need to comply with them. The term 'workplace' is very broad and could include a church.

In relation to slips and trips, the regulations require that workplaces:

- are kept clean, properly maintained and are well lit
- permit safe access
- have floors capable of being kept clean
- have floors, paths, etc. that are free from obstructions and substances liable to cause someone to slip or trip, that have no holes or adverse slopes, are even and are not slippery, and have adequate drainage where necessary.

Even if you are not an employer, you may still have to comply with certain aspects of the Health and Safety at Work etc. Act 1974 and other related law; for example, if you control non-domestic premises, such as a church hall. Here, you may need to make sure that access is safe.

Beyond this, you also need to meet your common law duty of care, ensuring that your premises do not cause injury to another because you have acted negligently.

## Hazards to look out for\*

### Internal

- Loose, worn, frayed or unfixed carpets, rugs, mats and other floor coverings
- Loose, damaged and uneven tiles, stone paving, flagstones and floorboards
- Pew platforms
- Variations in the level of floors (for example, ramps) or stairs (for example, irregular steps, etc.)
- 'Slippery' floor materials and coverings, particularly in church halls
- Worn, steep and uneven steps and stairs
- Inadequate lighting, particularly on steps and stairs
- Lack of or inadequate handrails on steps and stairs
- Trailing electric leads and other obstructions
- Cleaning activity, making floors more slippery (for example, wet mopping or use of polishes)
- Wet or contaminated floors from poor maintenance of the building (for example, leaking roofs)
- Spillages of food or drink, particularly in kitchen areas
- Walk-in contaminant from adverse weather (for example, mud, rainwater, etc.)

### External

- Uneven footpaths
- Damaged paving stones and slabs
- Damaged access and boiler room steps
- Potholes in grounds
- Unprotected drops
- Protruding tree roots and undergrowth particularly on footpaths or other access routes
- Poor drainage of footpaths
- Growth of algae or moss
- Accumulations of wet leaves or loose materials
- Inadequate lighting particularly on steps and stairs
- Lack of or inadequate handrails on steps and stairs
- Adverse weather making footpaths, steps etc. unsafe (for example, rain, snow and ice, etc.)

\*Note: this list is not exhaustive

## Precautions you can take\*

### Typical precautions include:

- Regular maintenance and repair of floor surfaces, steps and footpaths
- Replacing or repairing cracked or damaged stone flags, ceramic or clay tiles and wood blocks
- Removing or replacing worn, damaged or loose floor coverings (for example, carpets, mats, rugs, etc.)
- Fixing down carpets and entrance matting securely
- Regular maintenance and repair of roofs, ceilings and guttering
- Highlighting unexpected changes or variations in floor levels, steps or stairs
- Providing adequate or enhanced lighting
- Providing steps, stairs and steep paths with suitable handrails
- Avoiding or covering trailing electric leads
- Removing stored furniture and other obstructions from footpaths and walkways
- Regular cleaning of floors and coverings
- Making access safe until proper repairs can be carried out
- Providing barriers and warning signs where cleaning is or has taken place
- Providing entrance matting
- Providing adequate barriers and warnings where there are unprotected drops
- Regular maintenance and proper repair of external drainage
- Cutting grass regularly
- Removing protruding tree roots and undergrowth where these are obstructing access
- Removing algae, moss or accumulations of leaves on external footpaths
- Gritting footpaths where snow or ice is forecast and removing snowfall where this occurs
- Removing, replacing or repairing broken kerbs
- Repairing potholes or uneven surfaces in paths, driveways, car parks and steps



\*Note: this list is not exhaustive

## Making a start

Action	Guidance
<p><b>1. Carry out a thorough inspection of your church to identify slip or trip hazards.</b></p> <p><b>In doing this, consider the difficulty the frail, elderly and disabled may have in negotiating access to and from your church. Also, consider that some visitors may be unfamiliar with its layout and features.</b></p> <p><b>Remember to include the grounds, hall and car park in your inspection where you have them.</b></p> <p><b>Make a note of the hazards you have identified.</b></p>	<p>You can use the hazard list above to help you identify these.</p> <p>Where you are an employer, you will need to complete formal risk assessments. These should identify slip and trip hazards for you.</p> <p>Again, you can use the hazards and precautions list above to help you. Alternatively, you can use these with our church risk assessment template.</p>
<p><b>2. Check that the precautions you have in place are adequate. If they are not, identify any additional ones that are needed.</b></p> <p><b>Make a note of these and who will be responsible for taking any action.</b></p>	<p>Typical precautions are set out above. You can use this list to help decide if any further precautions are necessary. These will vary depending on your particular circumstances.</p> <p>Formal risk assessments should check the adequacy of any existing precautions, noting anything further that needs to be done.</p>
<p><b>3. Make periodic checks to ensure that floors, coverings, steps and pathways remain in good condition, free from obstruction and that any precautions (such as lighting) remain adequate.</b></p> <p><b>Make a note of the checks you make and any issues identified.</b></p>	<p>You may need to complete more frequent checks before or during events and where the weather is inclement or becomes more seasonal.</p> <p>You will also need to consider how any defects that are identified are going to be put right. If this can't be done immediately and they present a significant danger, you will need to provide additional precautions to guard against this. This may be in the form of barriers, coverings, warning signs, etc.</p>

## Making a start

Action	Guidance
<p><b>4. Ensure that employees and volunteers are aware of the precautions required to prevent slips and trips.</b></p> <p><b>Make a note of any information or training that is provided to individuals.</b></p>	<p>The level of information and training required will vary depending on the nature of the work and your particular circumstances. If you have completed formal risk assessments, these will help you determine what is necessary.</p> <p>In particular, you may want to advise employees and volunteers how to report any hazards they come across.</p>
<p><b>5. Document your arrangements and responsibilities for preventing slips and trips.</b></p> <p><b>Review these where necessary, particularly if you suspect that they are no longer valid.</b></p> <p><b>Keep the notes you have made in steps one, two, three and four above.</b></p>	<p>If you have prepared a health and safety policy, record these as part of it.</p> <p>You can use our church health and safety policy template if you haven't done this and need one to comply with health and safety law.</p>

## Want to know more?

We have produced some other useful resources to help you get started or simply check the adequacy of what you have already done. These are all available at:

[www.methodistinsurance.co.uk/healthandsafety](http://www.methodistinsurance.co.uk/healthandsafety)

Further guidance and resources are also available at:

[www.hse.gov.uk/slips](http://www.hse.gov.uk/slips)

Note: if you are in Ireland, Northern Ireland, Jersey, Guernsey or the Isle of Man then regional variations might apply. In this instance, you should check the guidance provided by the enforcing authority for your region. This will be freely available on their website.

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## Need to contact us?

For further information on health and safety in churches:

Call our Risk Management Advice Line on

**0345 600 7531**

Monday to Friday, 9am to 5pm (excluding Bank Holidays).

We may monitor or record calls to improve our service.

Email us at: [riskadvice@micmail.co.uk](mailto:riskadvice@micmail.co.uk)



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